



The Rosicrucian Order

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# THE CONCURRENCE

This Week's Consideration of a Famous Opinion



¶ The richness and depth of Sufi poetry is ever a fascination to the student of mysticism. Not only is the love of the Sufis for their Beloved expressed with eloquent intensity, but clearly apparent is their understanding of immutable universal law. This is evident in the following selection from *The Secret Rose Garden* entitled "Thoughts on Creation," by Sa'd Ud Din Mahmud Shabistari. Little is known about the life of this Sufi mystic other than that he was born at Shabistar, near Tabriz. His poem was introduced into Europe by two travelers in 1700.



*The heavens revolve day and night  
Like a potter's wheel,  
And every moment the Master's wisdom  
Creates a new vessel. For all that exists  
Comes from one hand, one workshop,*

*Why do the stars set?  
Going from perfection to defection?  
Why do they change position,  
Place, circuit, colour, and form?  
Or why is heaven fretted by fire  
Always whirling through desire?  
Why are the planets revolving,  
Above or beneath the earth?  
The elements which are below the heavens  
Serve in their appointed place  
Ever united together,  
From them is born the threefold  
Kingdom of Nature;  
Minerals, then plants and animals,  
Waiting in their places as He wills.  
Minerals, low in the dust, plants standing upright,  
Animals, by their natural passions,  
Preserving, continuing their races and species.*

*All, bowing to their Master's commands,  
Fulfill His will day and night.*

—MAHMUD SHABISTARI, 1250-(?) A.D.

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To the Members of the Esoteric Hierarchy, Greetings!

I want to make only a very brief reference to the sun and sun-bathing at this time, for we have other important exercises to practice in connection with our esoteric methods of attunement. Although the sun is not the only source of vibrations in the Cosmic with which we must attune ourselves, during this and the coming weeks, I would like to have you test the following esoteric principle, looked upon by the mystics in the Orient as a very important one. They called the day on which you were born your sun-day and considered it, so far as your relationship to the universe is concerned, a holy day, a very vital and important day in regard to your health and Cosmic attunement.

If you were born on the regular calendar Sunday—then every Sunday is your sun-day. But if you were born on Monday then that day becomes your sun-day. That is, whatever day of the week you may have been born becomes your sun-day, regardless of the year or the country in which you were born, or any other condition relating to your birth.

Such mystics claimed that not only is our life divided into cycles of seven periods, but that our relationship to the Cosmic and the astral influences is divided into seven different degrees and we pass through these degrees every week of the year, and every year of our lives. Our Cosmic or astral week begins with the day we were born, which is our sun-day. Each sun-day for a person is a day of beginning in Cosmic and astral vitality, with a new impulse or new start of Cosmic attunement. For this reason the sun-day of each person is the best day for attunement with the Cosmic in connection with tonic or health treatments, or for rebuilding the body in nerve energy and vitality and the absorption of new power to fight disease and build up health. If during the future, you are ill, have colds, aches, pains, or unpleasant conditions of the body, you may look forward to your sun-day, and use it for attuning yourself with the Cosmic in order to absorb a great amount of the Cosmic energy and vitality.

An additional point in connection with this sun-day may be of interest to us. If it is positive energy and vitality which we require, either to cure disease, or build up the body and regenerate it, then we want as much as possible of the positive vitality of the Cosmic. If possible, sit in the sunlight to attune yourself and thus enjoy the invigorating radiations of the Cosmic. Our periods of concentration on our sun-day then should be between the hours of sunrise and sunset, in other words, while the sun is still luminous in the sky. If, on the other hand, we need vitality and power of a negative nature, because of fever, high temperature, overheated blood, high blood pressure, or excited nerves and sleeplessness, the best time for this would be between sunset and sunrise, after the sky has become darkened and the sun has passed below the horizon.





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The nearer the hour to the deepest degree of the negative phase, the more subtle and negative will be the energy absorbed by the body. For instance, between midnight and two o'clock in the morning in your locality would be best for your concentration. A sun-day is not figured from midnight to midnight, but from sunrise to sunrise. Each of your sun-days begins at sunrise and ends the next day. Therefore, the hours from midnight to two o'clock would not be out of your sun-day and into another day as would be the case if the day ran from midnight to midnight.

There are other periods in the week better for concentration for certain psychic experiences. However, for concentrating or attuning with the Cosmic a few minutes each day in order to attune the physical body and its organs with the great source of vitality, to renew vigor and youthfulness in the body, to cure disease, and ease pain, or to tone the system, the sun-day hours are the best.

By studying these principles thoroughly, and trying this concentration on your sun-days for the next few weeks, you will discover the difference between your sun-day and the other days of the week so far as vitality is concerned.

A great many of our members have written that they suspect the trend of the present monographs. They are greatly delighted, because the various experiments in the past few weeks have shown them that a process is under way that will lead to perfect Cosmic attunement of a different nature from any we have dealt with previously.

I do not want our members to think that we are going to take up the art of astrology. Long before astrology as an art of prognostication was devised, philosophers, scientists, and mystics knew that the planets had an influence upon all human life, as well as upon the animal and vegetable kingdoms generally.

Looking at the astral or cosmic world broadly, we notice eight large and important planets within range of this earth which can influence it if they have any influence at all. These include Mercury, Venus, Mars, Jupiter, Saturn, Uranus, Neptune, and Pluto. There may be large numbers of distant planets, not visible to us through the telescope, whose influences though weak may act upon the influences of the other planets. Then there are thousands of major, or very large stars, or groups of stars, and possibly thousands of smaller ones, and comets as well. While comets travel the sky only occasionally and many years apart, even the ancients recognized the influence of various comets upon the lives of cosmically attuned persons.





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That some of these planets are far distant and their influence difficult to measure scientifically should not mislead us. If it is possible to measure the vibrations and the color emanations of various planets through telescopes, and if color radiates from these, there is certainly enough influence there to affect some of the conditions around our earth. Our earth is peculiarly situated and is like a magnet whose magnetism is the result of Cosmic rays and Cosmic radiations of all kinds. While we live on the crust or shell of this earth, we are influenced both by the magnetic qualities of the earth itself and by those strange, subtle, electric, magnetic, spiritual vibrations which surround it.

There are persons so gross in their mental, spiritual, or psychic make-up that nothing disturbs them—loud noises, strong vibrations, strong odors, bright lights, brilliant colors, and pestilence. On the other hand, certain animals are highly sensitive to vibrations which the average human being does not sense. In California there are often very faint tremblings of the earth called temblors which are mild earthquakes. Humans do not feel these temblors until they take place, or until there is an actual physical manifestation. We have discovered, however, that domestic animals and other creatures sense these temblors before we do because they sense the Cosmic rays affecting the magnetic conditions of the earth responsible for these temblors.

In Florida, especially in the southern part where there are hurricanes, the Indians living near the Everglades sense the oncoming hurricane days beforehand and move to certain zones of safety. They used to warn the white men of coming storms; but not until they saw their own property, even whole cities, almost destroyed in fulfillment of the Indians' predictions, did the white men give more credence to the Indians' statements. The history of the tribes of American Indians is filled with reports of their highly developed sense of oncoming conditions. The American Indian, like primitive people in various parts of the world today, had to depend upon the development of his psychic and other senses for important information. He developed a very sensitive nature, able to hear sounds from great distances and detect the presence of animals, and knew about weather and cosmic conditions in his own peculiar way.

As a musician develops his sense of hearing to detect the slightest variation in the vibrations of a true or untrue note, or an artist his sense of sight to tell the true spectrum colors from slight variations; so each of us on the path of unfoldment can make our natures sensitive to many kinds of vibrations, impulses, and invisible emanations that surround us.



Certainly, when it comes to attuning our inner selves with the mind and consciousness of the Cosmic, we must put ourselves in harmony with the Cosmic if we want to have the

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best results. Attuning the mental and psychic self with the Cosmic can only come when the physical self and the consciousness and vitality in our bodies is also in more or less perfect harmony with the Cosmic. This does not mean that we cannot reach the Cosmic with a light contact and sense things from it almost any hour of the day, if we learn how to relax and concentrate properly. But to have such a perfect blending with the Cosmic as to enable us to feel all of its magnificent vibrations and to sense all of its power just as though we had been lifted up into it and were a part of it, we must be mentally, psychically, spiritually, and physically in harmony with the Cosmic. In the next monograph I will go beyond the matter of the vibratory effects of the sun and the moon and discuss those of other planets.

May Peace Profound abide with each of you.

Fraternally,

YOUR CLASS MASTER



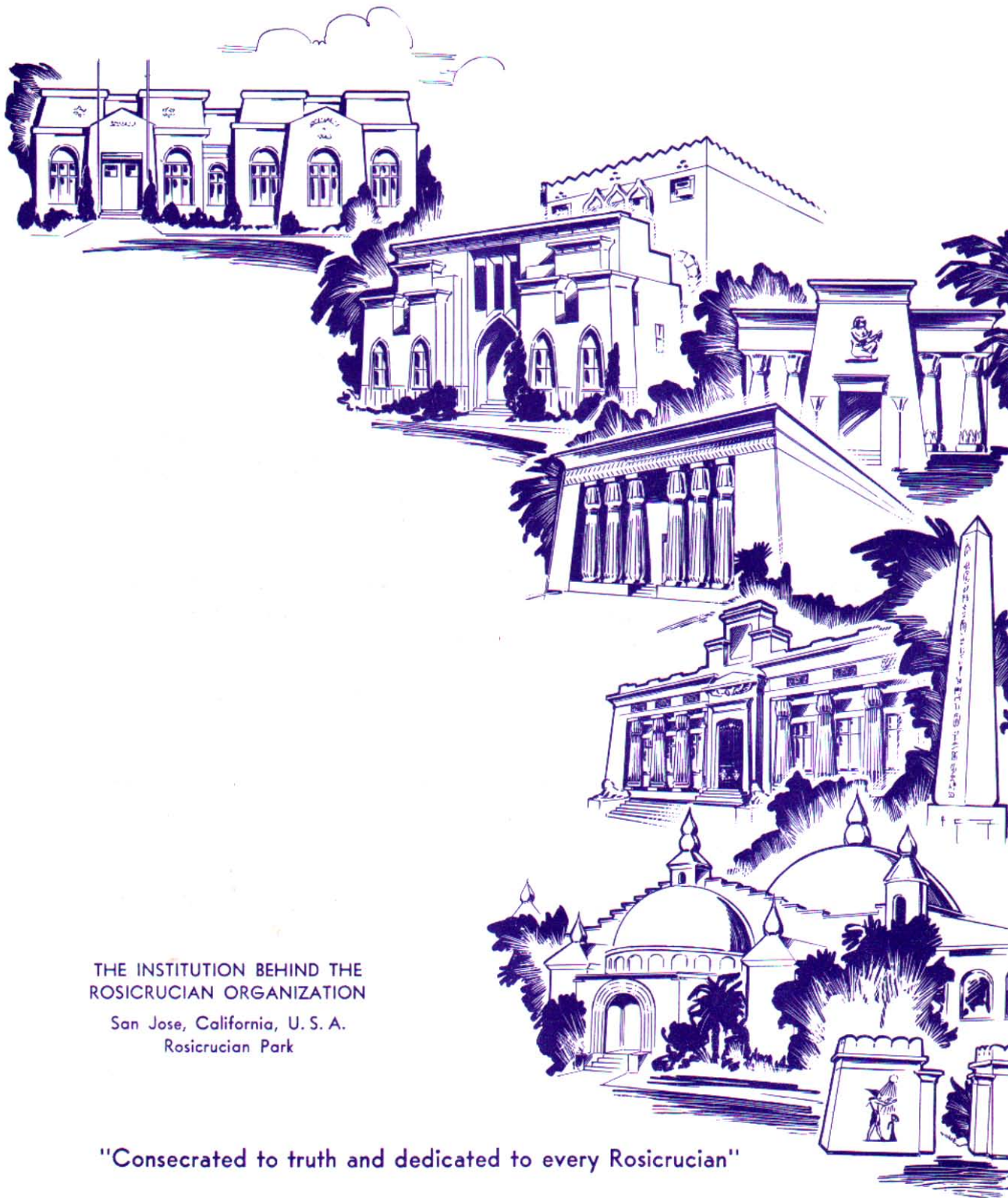


## *Summary of This Monograph*



Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- ¶ Mystics in the Orient called the day on which you were born your sun-day. It is figured from sunrise to sunrise, and is important in regard to health and attunement for absorbing Cosmic energy and vitality.
- ¶ Other periods in the week are better for concentration for certain psychic experiences.
- ¶ The earth is affected by vibratory influences of eight important planets. Cosmically attuned persons also recognize the influence of other major stars as well as of thousands of small ones and even comets.
- ¶ Only when the physical self and the consciousness and vitality in our bodies is in harmony with the Cosmic is attunement possible.



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